

# In Your Prime: Older Wiser Happier By India Knight

By India Knight

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India Knight wanted to write a jolly manual to help women as they approach their 50 th birthdays, and the result is In Your Prime: Older, Wiser, Happier, which

<http://www.high50.com/culture/india-knight-in-your-prime-the-new-must-have-book-for-women-at-50>

The Wiser by Zahid zaman (Jun 19, 2011) In Your Prime: Older, Wiser, Happier by India Knight (Oct 23, 2014) Wiser the Owl by Mary Zdrojewski (Sep 22, 2014)

<http://www.nameaning.net/both/Wiser>

Journalist India Knight's book about being older. In Your Prime Older, Wiser, Happier India Knight

<http://www.drb.ie/new-books/in-your-prime>

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In Your Prime: Older Wiser Happier [India Knight] on Amazon.com. \*FREE\* shipping on qualifying offers. 'I love India and her no-nonsense, honest and utterly hilarious

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Humane, witty, wise and full of practical advice: India Knight's guide to ageing is the book every woman has been waiting for. 'Our mothers' fifty is not our fifty.

<http://www.nook.com/gb/ebooks/in-your-prime-older-wiser-happier-by-india-knight/9780241967843>

'In Your Prime: Older, Wiser, Happier' by India Knight is an guide to all the quandries of modern-day middle age - part memoir, part invaluable manual. The cover is a

<http://www.vam.ac.uk/b/va-illustration-awards-2015/published/book-cover-illustrations/your-prime>

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We find India Knight s writing fairly addictive and her Sunday Times columns are often the highlights of our weekend reading. We re thrilled therefore that she

<http://a-littlebird.com/2014/10/20/win-a-copy-of-india-knights-in-your-prime-older-wiser-happier/>

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<http://www.bokus.com/bok/9780241967836/in-your-prime/>

As India Knight says in the first chapter of her new book, it used to be so simple : whether you were a spinster or a matriarch, being a 50-year-old woman in say

<http://www.readersdigest.co.uk/books/reviews/excerpt-your-prime-older-wiser-happier-india-knight>

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In Your Prime : Older, Wiser, Happier. Whether it is coping with ageing parents, divorce, dating, teenagers, wavering libidos or your saggy bits, this book tells you

<http://www.mailbookshop.co.uk/StoreFront/Product/India-Knight/In-Your-Prime--Older-Wiser-Happier/17261062>

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<http://leedsreads.net/2014/12/24/feeling-your-age-try-in-your-prime-older-wiser-happier/>

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<https://www.victoriahealth.com/product/In-Your-Prime-Older-Wiser-Happier/11475>

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In Your Prime is the definitive, much-needed guide to getting older with confidence and panache. Older, Wiser, Happier Author: Knight India.

<http://www.penguin.com.au/products/9780241003183/your-prime>

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<http://www.thetimes.co.uk/tto/public/journalist.do?querystring=Anne+Ashworth&offset=50>

All about me yes, but these tips on ageing are also full of wit and style The experience of reading In Your Prime is a bit like going out for a drink with a

<http://www.theguardian.com/books/2014/nov/01/in-your-prime-older-wiser-happier-india-knight-review>

In Your Prime: Older, Wiser, Happier, India Knight, India Knight, Health, Mind, Body & Soul>Aging & Longevity, >Health, Mind, With In Your Prime,

<http://www.audiobooks.com/audiobook/in-your-prime-older-wiser-happier/236258>

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[http://www.dubraybooks.ie/In-Your-Prime-How-to-Age\\_9780241003183](http://www.dubraybooks.ie/In-Your-Prime-How-to-Age_9780241003183)

Oct 21, 2014 Kim Phuc archive; Womb Transplants; India Knight. Woman's Hour. An iconic In Your Prime-Older, Wiser, Happier is part guide,

<http://www.bbc.co.uk/programmes/b041s11x>

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In Your Prime: Older, Wiser, Happier. Our fifty is not our mum's fifty, let alone our granny's. We have no map or blueprint to tell us how to be.

<http://www.rcwlitagency.com/in-your-prime-older-wiser-happier/>